



2008 LACTIC ACID CYCLING (LAC) CLUB MEMBERSHIP APPLICATION
(Membership is from October 2007 thru October 2008)

LACTIC ACID CYCLING SPONSORS:



Name(s): _____

Address: _____

City, St., Zip: _____

E-mail: _____ Phone: _____

Do NOT include e-mail address on Club website _____

Do NOT include phone number on Club Website _____

Interest(s): - MTB - Road - Racing – Touring – Multi-sport - Other _____

Membership Options: (check only one)

_____ BASIC MEMBERSHIP - \$35.00 (For the general LAC Club Membership)

_____ COUPLE'S MEMBERSHIP - \$60.00

_____ USCF/NORBA MEMBER - \$30.00 (You intend to race USCF/NORBA and wear the LAC Club jersey)

_____ USCF/NORBA COUPLE - \$55.00 (You and one or more family members intend to race USCF/NORBA...)

Note: LAC Club membership fee does not include USCF or NORBA membership fees.

Waiver and Release: In consideration of the acceptance of my application for membership in Lactic Acid Cycling Club, I hereby waive, release and discharge all claims for death, personal injury, or property damages which I may have or which may hereafter accrue to me as result of my participation in club activities. I realize that there are certain dangers inherent in the sport of cycling, and I assume the risk of injuries that may result from those dangers, including mortal and or serious bodily injury. This release is intended to discharge the Lactic Acid Cycling Club, the USCF/NORBA, the Club's sponsors and agents from and against any and all liability arising out of or connected in any way with my membership in the Club, even though that liability may arise out of the negligence or carelessness on the part of persons or entities mentioned above. This waiver and release shall be binding on my heirs and assigns. I also hereby agree to wear an ANSI and or SNELL approved helmet when participating in any club cycling activity to include, but not limited to club rides, races and tours.

Signature: _____ Date: _____

Make checks payable to Lactic Acid Cycling Club and mail to:

Doug Herlocker
1944 Bobs Dr
Boise, ID 83712

(208) 484-9436/ drbherlocker@cableone.net

For more information please visit our website at: www.lacticacidcycling.org